



Empowerment Symposium: Navigating the Employment Terrain

Greece

HORIZON 30: Empowering Youth for Tomorrow's Workforce

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Empowerment in the Labour Market

Empowerment enables young people to take control of their personal and professional development. It involves building confidence, improving skills, and making informed career decisions. Empowered individuals are more prepared to face labour market challenges, adapt to change, and actively contribute to their communities and workplaces.



Greek Youth Employment and Mediterranean Challenges

The Mediterranean youth employment landscape consistently faces high rates of structural unemployment and prolonged transitions from education to secure work. Regional policy models must prioritize work-based learning, structured apprentice programs, and legal protections to shield entry-level workers from exploitation.



Developing Employability Skills

Employability is strengthened by combining technical knowledge with personal and social competences. Employers value communication, teamwork, leadership, critical thinking, time management, and problem-solving skills. Developing these competences increases confidence and improves access to quality employment opportunities.



Building Professional Confidence

Self-confidence plays an important role in career development. Preparing for interviews, improving public speaking, developing networking skills, and accepting constructive feedback help young people present themselves professionally. Confidence grows through experience, continuous learning, and a willingness to embrace new challenges.



The Town Hall Consultation and Co-Creation Model

The Town Hall Consultation Model establishes direct, transparent dialogue channels connecting young civic activists with regional policymakers and business coalitions. Through structured consultations, participants actively co-create realistic local employment strategies that are integrated into municipal development plans.



Human Rights Imperatives in Labor Policies

Secure and dignified employment is a foundational human rights imperative essential to preserving social cohesion and individual dignity. Modern policy designs must treat equitable workforce access as a core legal obligation, ensuring that economic growth does not compromise basic worker protections.



Adapting to a Changing World of Work

The labour market continues to evolve due to digitalisation, artificial intelligence, and global economic changes. Young people should remain open to learning new skills, embracing innovation, and adapting to different working environments. Flexibility and resilience are becoming essential qualities for future employment.



Active Citizenship and Personal Growth

Career success is closely connected with active participation in society. Volunteering, Erasmus+ programmes, youth organisations, and community initiatives help young people develop leadership, responsibility, intercultural understanding, and civic engagement. These experiences contribute to both personal growth and professional development.

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Conclusion

Empowerment is the foundation of successful career development. By strengthening their skills, building confidence, embracing lifelong learning, and actively participating in society, young people can overcome employment challenges and create meaningful career opportunities. Investing in personal development today prepares them to become the innovative, resilient, and responsible professionals of tomorrow.



Thank you for your attention!



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